

NEW YORK EIGHT SESSION PRISON T4F WORKSHOP

Transforming Power Talk is part of the agenda for each team's practice session

SESSION 1: COMMUNITY BUILDING

1. Opening Talk – post goals and schedule of the workshop
2. Agenda Review (Explain and model)
3. Introduction of Leadership Team
4. Introduce Participants
5. Adjective (Positive Name) Game
6. L&L: (Explain and Model)
7. Team Building Exercise (Divide group into teams)
8. Team Planning Period: Distribution of materials
9. Evaluation (Explain and Model)
10. Leadership Team Open Clinic

SESSION 2: TRANSFORMING POWER

1. Agenda Review (Explain and model)
2. Gathering: One way I would like to transform my life...
3. What it means to be a facilitator: Talk and Brainstorm
4. L&L
5. Small group discussion in teams. "What Transforming Power means to me" Discuss and report back to large group
6. What it means to be a member of a team: Talk and Brainstorm
7. Team Building and Planning Period: Each team make a team contract and plan the dress rehearsal for their assigned session
8. Evaluation
9. Open clinic by Leadership Team

SESSION 3:

1. Practice session by Team A
2. Open Clinic by Team A
3. Coaching session by Leadership Team
4. Talk and Brainstorm on rhythm of the workshop goals and process of the Basic workshop

SESSION 4:

1. Practice session by Team B
2. Open clinic by Team B
3. Coaching session by Leadership Team
4. Clincking and Feedback: Talk and Brainstorm

SESSION 5:

1. Practice session by Team C
2. Open clinic by Team C
3. Coaching session by Leadership Team
4. Discussion of Methods of Evaluation

SESSION 6:

SESSION 7: Role Plays

1. Agenda Review led by Team A
2. Gathering: Selected and led by Team A
3. Role Plays: Discussion
 - a. Focus on role play activity
 - b. Guidelines for Debriefing
 - c. Importance of de-roleing characters
 - d. Conduct of discussion following role plays
4. Role Play planning period
5. Practice Role Play presented by Team A and debriefed by Team B
6. L&L: Selected by Team B
7. Practice Role Play presented by Team B and debriefed by Team C
8. Practice Role Play presented by team C and debriefed by Team A
9. Coaching sessions by leadership team will follow each role play
10. Evaluation of session conducted by Team C

SESSION 8: CLOSURE

1. Agenda Review
2. Gathering: What I have learned about being a facilitator
3. Lifeline, Reflection or Empathy Exercise
4. Where do we go from here?
 - a. Apprenticeship, Workshop teams, AVP organization, Unanswered questions
5. Graduation Circle p.xxx